



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Reception	Introduction to PE : Unit 1	Fundamentals : Unit 1	Gymnastics : Unit 1	Ball Skills : Unit 1	Games : Unit 1	Dance : Unit 1
Year 1	Fundamentals Dance	Sending and Receiving Fitness	Forest School Net and Wall Games	Target Games Gymnastics	Forest School Striking and Fielding Games	Athletics Team Building
Year 2	Fundamentals Forest School	Net and Wall Games Gymnastics	Target Games Invasion Games	Forest School Dance	Fitness Striking and Fielding Games	Athletics Team Building
Year 3	Hockey Gymnastics	Rugby Forest School	Golf Dance	OAA Forest School	Rounders Yoga	Athletics Tennis
Year 4	Rugby Swimming	Netball Swimming	Gymnastics Forest School	Dance OAA	Hockey Fitness	Athletics Forest School
Year 5	Gymnastics Forest School	Football Fitness	Hockey Swimming	OAA Swimming	Tennis Forest School	Athletics Rounders
Year 6	Rugby Dance	Fitness Forest School	Hockey Dodgeball	Cricket Gymnastics	Swimming Tennis	Athletics Forest School