

Red Hill PE LTP 2024-2025

	Autumn term		Spring term		Summer term	
Reception	Forest school	Fundamentals	Gymnastics	Ball skills	Games	Forest school
Year 1	Fundamentals	Sending and receiving	Forest school	Target games	Forest school	Athletics
	Dance	Fitness	Net and wall	Gymnastics	Striking and fielding	Team building
Year 2	Fundamentals	Net and wall	Target games	Forest school	Fitness	Athletics
	Forest school	Gymnastics	Invasion	Dance	Striking and fielding	Team building
Year 3	Hockey	Tag Rugby	Golf	OAA	Forest school	Athletics
	Gymnastics	Forest school	Dance	Rounders	Yoga	Tennis
Year 4	Tag rugby	Netball	Gymnastics	Dance	Forest school	Athletics
	Swimming	Swimming	Golf	OAA	Fitness	Cricket
Year 5	Netball	Football	Fitness	OAA	Tennis	Athletics
	Gymnastics	Forest school	swimming	swimming	Dance	Rounders
Year 6	Tag rugby	Netball	Hockey	Cricket	Swimming (5 weeks top up)	Athletics
	Dance	Fitness	Forest school	Gymnastics	Tennis	Forest school