



# Black Pepper School Lunches

Malvern Sept/Oct 2024

	02/09/2024 23/09/2024 14/10/2024	03/09/2024 24/09/2024 15/10/2024	04/09/2024 25/09/2024 16/10/2024	05/09/2024 26/09/2024 17/10/2024	06/09/2024 27/09/2024 18/10/2024
<b>Week 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Option 1</b>	Roast Chicken	Hot Dog	Meatballs in a Tomato and Basil Sauce	Chicken Tikka Curry	Breaded Pollock
<b>Option 2 (V)</b>	Quorn Fillet	Veggie Hot Dog	Meatless Meatball in a Tomato and Basil Sauce	Quorn and Chickpea Curry	Cheesy Tomato Pizza
<b>Option 3</b>	Jacket Potatoes, Cheese, Beans or Tuna				
<b>Side</b>	Oven Roast Potatoes and Yorkshire Pudding	Baked Hash Brown Bites	Pasta and Garlic Bread	Pilau Rice	Oven Baked Wedges
<b>Vegetables</b>	Batton Carrots and Green Beans	Baked Beans	Homemade Tomato and Basil Sauce	Hidden Vegetable Curry Sauce	Vegetable Medley
<b>Dessert or</b>	Vanilla Pudding Pot	Homemade Fruit Flapjack	Jelly and Squirry Cream	Homemade Vanilla Sponge with Custard Piping	Homemade Brownie
<b>Yogurt or</b>	Fruit Yogurt				
<b>Fresh Fruit (V)</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Watermelon
	09/09/2024 30/09/2024 21/10/2024	10/09/2024 01/10/2024 22/10/2024	11/09/2024 02/10/2024 23/10/2024	12/09/2024 03/10/2024 24/10/2024	13/09/2024 04/10/2024 25/10/2024
<b>Week 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Option 1</b>	Chipolatas Sausages	Roast Chicken	Meatballs in a Tomato and Basil Sauce	Chicken Curry	Breaded Fish Stars
<b>Option 2 (V)</b>	Veggie Bangers	Quorn Fillet	Meatless Meatball in a Tomato and Basil Sauce	Quorn and Chickpea Curry	Cheesy Tomato Pizza
<b>Option 3</b>	Jacket Potatoes, Cheese, Beans or Tuna				
<b>Side</b>	Herby Potato Cubes	Oven Roast Potatoes and Yorkshire Pudding	Pasta and Garlic Bread	Pilau Rice	Baked Hash Brown Bites
<b>Vegetables</b>	Baked Beans	Sliced Carrots and Peas	Homemade Tomato and Basil Sauce	Hidden Vegetable Curry Sauce	Vegetable Medley
<b>Dessert or</b>	Blueberry Muffin	Jelly and Squirry Cream	Homemade Brownie	Homemade Jam Sponge Piping Cake	Homemade Vanilla Sponge with Custard Piping
<b>Yogurt or</b>	Fruit Yogurt				
<b>Fresh Fruit (V)</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	16/09/2024 07/10/2024	17/09/2024 08/10/2024	18/09/2024 09/10/2024	19/09/2024 10/10/2024	20/09/2024 11/10/2024
<b>Week 3</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Option 1</b>	Sausage Roll	BBQ Chicken Pizza	Chicken Burger (Red Tractor) with Burger Roll	Chicken and Tomato Pasta	Fish Fingers
<b>Option 2 (V)</b>	Veggie Sausage Roll	Cheesy Tomato Pizza	Quorn Burger with Burger Roll	Cheese and Broccoli Pasta Bake	Vegetable Fingers
<b>Option 3</b>	Jacket Potatoes, Cheese, Beans or Tuna				
<b>Side</b>	Herby Potato Cubes	Herby Potato Cubes	Baked Hash Brown Bites	Pasta Twist	Oven Baked Wedges
<b>Vegetables</b>	Baked Beans	Sweetcorn and Green Beans	Sliced Carrots and Peas	Hidden Vegetable Tomato Sauce	Vegetable Medley
<b>Dessert or</b>	Doughnut	Homemade Fruit Crumble and Custard	Homemade Brownie	Homemade Raspberry Sponge	Homemade Fruit Flapjack
<b>Yogurt or</b>	Fruit Yogurt				
<b>Fresh Fruit (V)</b>	Fresh Fruit	Fresh Fruit	Watermelon	Fresh Fruit	Fresh Fruit

\* We do not add nuts to the school lunch menu. Though some of our suppliers state, "Traces of nuts may be found in some products" or "Product made in nut free area, but nuts used elsewhere". Therefore cannot guarantee nut free. NOTE: Jelly is not suitable for Vegan/Vegetarians.  
 \* Please don't order meals unless you are willing to pay for them.  
 \* Order online at [www.blackpepperlunches.com](http://www.blackpepperlunches.com), whether you pay by card or entitled to FSM/UFSM.  
 Menu may change due to stock levels available from suppliers